

Marin Community Clinics Health Hubs
Building Connections through healthy food choices

Marin Community Clinics is seeking volunteers at our Health Hub food pantries. Most of our patients are low income families with socioeconomic and social stress. It is our priority to provide a safe, friendly, and culturally sensitive environment.

The Health Hub is an outdoor, community based, multicultural, and multilingual program that connects and engages more than 1000 people every week. The Health Hub provides access to healthy food and community resources that support the health and wellbeing of the community, regardless of race, age, income or place of residence.

Due to the ongoing COVID-19 health crisis, the Health Hub is following the CDC guidelines. Our goal is to strike a balance between keeping the community safe while also performing an essential service and getting food to those in need through our drive thru and walk up food pantry distributions. We reevaluate safety protocols daily. We maintain safe practices, reducing the risk of virus transmission by cleaning, practicing physical distancing, and wearing facemasks.

The Health Hub Volunteer shift starts:

- Wednesday at Marin Community Clinic (3110 Kerner Blvd, San Rafael): 11:30am - 3:30pm
- Thursdays at Marin Community Clinic (6100 Redwood Blvd, Novato): 11:30am - 3:30pm

❖ Please note: The Health Hub takes place outdoors, most often on the sidewalk or in a parking lot.

Volunteer service will include, but is not limited to, unloading and sorting food supplies, packaging and organizing food bags, distributing and recording food to the community, monitoring pedestrian and vehicle traffic, as well as site set up and clean up.

What to bring:

To further protect the health of volunteers and participants we are asking volunteers to bring:

- Mask/facial covering (one-way valve masks are not acceptable)

- Wear closed toe shoes
- We will be outside, wear comfortable clothing (we recommend layers, a hat, and sunscreen due to the ever-changing weather conditions)
- Be aware there will not be a place to store personal belongings, please do not bring valuables
- Please bring a secure lidded water bottle and a snack
- Volunteers must wear gloves at all times (provided by the Health Hub program at MCC)
- We ask that any volunteer who does not feel well to refrain from attending their volunteer shift
- Volunteers should be able to lift 30 to 40 pounds

We currently provide food assistance to more than 1,000 people every week, but we do not know how many participants will arrive weekly or if they will all arrive early/late.

We thank you for your flexibility as we meet this emergent need.

We need your support for this essential program?



VOLUNTEER APPLICATION
 Marin Community Clinics Health Hubs
 Please submit your completed application to:
florenciaparada@marinclinic.org or (415) 755-2556.

NAME _____

OVER AGE 18? YES NO IF "NO", BIRTHDATE: _____
 (Must be over age 14+ to volunteer)

ADDRESS _____ CITY: _____ ZIP CODE _____

PHONE NUMBER () _____ EMAIL _____

IN CASE OF EMERGENCY, CALL () _____ RELATIONSHIP _____

DO YOU HAVE ANY PHYSICAL LIMITATIONS THAT WOULD NEED TO BE CONSIDERED IN ASSIGNING YOUR VOLUNTEER DUTIES? NO YES IF YES, PLEASE EXPLAIN: _____

VOLUNTEER AGREEMENT

We are glad to hear you would like to become an **Awesome Health Hub Volunteer!** Please read the following guidelines for performance and conduct to ensure that MCC's mission and work is carried out in a safe and positive environment.

Health Hub volunteer Roles and Responsibilities

- Perform my volunteering role to the best of my ability to make a difference in the lives of the patients and their families.
- Be open to communicate with staff, volunteers and patients in a respectful/friendly manner and maintain confidentiality of any information or names pertaining to other volunteers.
- Provide care in a culturally sensitive manner, respect the differences and beliefs of other cultures.
- Do not initiate or engage in conversations regarding religion, politics or any other polemic topics.
- Wash hands before handling food, after breaks and after using the restroom. Wear gloves while distributing food.
- Seek help or guidance from the Health Hub Coordinator or Manager when a problem or question arises.
- Do not smoke, engage in any illegal activity, and do not use your cellphone or any distracting electronics during your shift.

Volunteer Waiver

In the course of my assigned MCC duties, as an enrolled volunteer of MCC I am protected against personal liabilities by MCC general liability insurance. As a condition of working as a volunteer for MCC, volunteers are covered by the same standards of behavior and code of conduct expected of staff. I have received, read, and accepted the standards of behavior, policies and procedures described therein.

Name (printed) _____

Name (signed) _____ Date _____

IF UNDER 18 YEARS OF AGE – PARENT SIGNATURE REQUIRED (in addition to youth volunteer signature above)

Parent name (signed) _____ Parent name (printed) _____ Date _____

PHOTO/VIDEO CONSENT

I agree to allow photos or videos of me to be used for any legitimate purpose by the event holders and/or assigns
 Yes No Signature: _____

You can volunteer to help by filling out the Health Hub volunteer waiver attached.

Email florenciaparada@marinclinic.org or call 415.755-2556

Novato and San Rafael MCC Health Hubs

Thank you **VOLUNTEERS** for your dedication to the MCC Health Hubs over the last months.

A glimpse of the wonderful HH staff and volunteers...

